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ORIGINAL ARTICLE



Water use and time analysis in ablution from taps

Roubi A. Zaied^{1,2}

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Abstract There is a lack of water resources and an extreme use of potable water in our Arab region. Ablution from taps was studied since it is a repeated daily activity that consumes more water. Five different tap types are investigated for water consumption fashions including traditional mixing tap and automatic tap. Analyzing 100 experimental observations revealed that 22.7-28.8 % of ablution water is used for washing of feet and the largest water waste occurs during washing of face portions. Moreover, 30-47 % amount of water consumed in ablution from taps is wasted which can be saved if tap releases water only at moments of need. The push-type tap is being spread recently especially in airports. If it is intended for use in ablution facilities, batch duration and volume must be tuned. When each batch is 0.25 L of water and lasts for 3 s, 3 L are sufficient for one complete ablution in average which means considerable saving. A cost-benefit model is proposed for using different tap types and an economic feasibility study is performed on a case study. This analysis can help us to design better ablution systems.

Keywords Ablution action times \cdot Ablution water \cdot Push-type tap \cdot Tap water costs \cdot Knee operated tap

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Introduction

Water is the basis of life and it is our duty to save water and develop water resources. Ablution is a mandatory religious routine for Muslims that is repeated several times daily for prayers and other deeds. Ablution actions typically include washing of hands, face, mouth, nose, arms, swabbing on head, ears and feet. Conservation of water is a religious and national obligation especially with the lack of water resources. The rate of water consumption in the Kingdom of Saudi Arabia (KSA) is one of the highest rates in the world despite the fact that it is one of the poorest areas in sweet water resources.

In ablution process, the tap is usually left running, much good water is wasted in the process (Suratkon et al. 2014). It can be said that about half of the tap water flows directly to the drain without any contamination (Al Mamun et al. 2014).

Tracking of water consumption patterns in ablution and washing is reached in some public and private facilities in multiple regions in the KSA. The most important observation confirmed by the researcher are:

- Handle taps consume extra amount of water during the moments of opening and closing because of using hands in turning the tap handles. Thus, cannot benefit of flowing water. Ghanem (2008) confirmed that using slow closure mixer taps wastes about 30 % of the amount of water consumed.
- Mixer taps that mix hot and cold water consume more water every time of use at the start of opening because the user leaves the water flowing until its temperature reaches a suitable level.
- Mechanical push-button taps waste water because the amount of water in each batch (sometimes more than 1 L) is frequently more than the user need.



 Electronic taps are expensive and need electrical power and means of protection to isolate the wiring. Further, they have a time lag between the moment of cutting the beam and the onset of water flow and other time lag before it shuts down automatically.

The amount that was used by the Holy Prophet Muhammad prayer and peace be upon him (PPBUH) for the performance of ablution is one full palms. The islamic historical records indicated that Prophet Mohammad [peace be upon him] used to make ablution using one "Mudd" of water [Hadith from Bukhari and Muslim] which is equivalent to about 0.544 L of water (Al Mamun et al. (2014). Others prove slightly higher evaluations but, anyhow the correct amount is less than 1 L.

At present, Muslims consume more water in their ablutions and previous studies showed different evaluations of the average amount of ablution water used. Abu Rozaiza (2002a) measured the amount of water used in ablution in nearly 40 Masjids and in the two holy Masjids, and found it 3-7 L per person at a time. In his other study, Abu Rozaiza (2002b) determined the average ablution water amount as 2.5-4.5 L/individual in some masjids, schools and governmental buldings. But he found that this amount increases to 5 L in the two holy Harams and 6-7.5 L/individual in A'rafah and Muzdalifah in Hajj days.

In his project named "the islamic bathroom", Mohamed Ben-Ghalbon estimated average water amount consumed by an average Muslim in ablution as 10 L in the Gulf region and the Middle East. However, he confirms that same amount that was used by the PPBUH is one full palms (688 mL approximately) and it is sufficient. He proposed installation of a metal pot with a capacity of 688 mL beside the ablution basin. He had patent grants for this idea coded DE60232314D1, EP1372448A1 and WO2002071905A1. He supposes that the use of this low cost product will combat the waste of potable water and will be available for the majority of the Islamic world citizens other than the use of costly electronic taps. But the practical reality testifies that this idea is not popular yet.

Besari et al. (2009) built an automatic ablution machine using camera as sensor and servomotor as an actuator. They stated that, by testing this machine, it will save 1-7 L during ablution. Their experiments revealed that manual ablution consumes about 2-9 L/individual in about 40-80 s of time where using their automatic ablution machine decreased water consumption to about 2-3 L/individual in about 55-70 s.

Al-Mughalles et al. (2012) studied water quantity consumed by one worshipper during the ablution in two masjids in Sana'a. They determined the average greywater quantity produced by one worshipper as 2.7 L. Johari et al.



(2013a, b) stated that ablution process normally requires about 6–9 L of water volume, but according to Islamic hadiths, about half to two liters only will be used for ablution. Suratkon et al. (2014) conducted a study to develop and verify a conceptual model of the ablution water recycling system, named SmartWUDHU'. They considered the average volume of water required for a single ablution ritual as 5.0 L, obtained by monitoring a number of users at various prayer times in a day.

In summary, PPBUH was using less than 1 L of water for his ablution while Muslims nowadays use 2-10 L. In this study, the researcher experimentally analyzes action and water use times in ablution from some tap types. A mathematical model is proposed for economic feasibility of using different taps. This analysis can help better design of ablution systems.

Methodology

Experiments have been conducted on a group of mature Muslim males in order to identify real consumption of water in ablution. Experiments were carried out in the KSA in spring and fall seasons of 2014 where single source of water is used so no time is consumed in tuning of water temperature. The participants are told that their ablution processes is being video recorded and emphasized to behave in guite natural mode. More than 100 experiments are conducted for ablution from 5 different tap types (Taps' Images and specifications are shown in Table 1) and 100 good cases are considered for analysis after excluding imperfect recording cases. Each ablution case is video recorded at 30 frames/s. Through analysis of videos using Windows Movie Maker, at playback resolution of 0.03 s, each video is dissected into two groups; water contact clips and water free running clips. The total time of each group is computed for each case and then statistical calculations are performed. Table 2 summarizes the obtained results. Tables 3 and 4 and Figs. 1 and 2 present time distribution in the two extreme cases. Shaded table rows indicate times of positive-water-use while unshaded rows indicate times of water wasting. In the two figures, time periods of water usage are on left side and times of water wasting are on right side. To quantify the water consumption, a flowmeter of 0.01 L resolution is installed at the supply of the mechanical knob tap and 1.0 L resolution-flowmeters are installed at the supplies of the single lever mixing taps and the automatic tap.

The push-type tap is given more interest as it is being spread recently especially in airports. This tap is intended to be durable to have minimum repair unlike the turning handle taps which need repeated repair because of mechanical wear that leads to water leakage. Its source

Table 1 Tap types used in ablution cases in this study

No.	Valve image	Description	Advantages	Disadvantages	Location	Number of observations
1		Two mechanical knobs open and close the tap in several revolutions	More common	Slow manual open and close	building of faculty of engineering, Al Muhammadiyah, Arar, Northern Border University (NBU), KSA	30
		Flow rate is up to 20 L/min		In ablution, it necessitate user bowing because of low elevation and vertical pathway of water stream		
				Not durable		
2		Mixing short neck-tap with single lever to control water flow and temperature	Comfort and quick open and close	Not suitable for ablution (washing of arms and legs) since its short neck and vertical direction of water stream necessitate user bowing	A WC in third floor, faculty of science building, new NBU campus, Arar, KSA	13
		Full opening water flow rate is up to 10 L/min	Sole control of water flow rate and temperature	Manual open and close		
3		Mixing high neck-tap with single lever to control water flow and temperature	Comfort use of water stream and quick open and close	The majority of users do not close it while hands are busy in cleaning or through switching between ablution organs	A WC in third floor, faculty of science building, new NBU campus, Arar, KSA	23
		Full opening water flow rate is up to 10 L/min	Sole control of water flow rate and temperature	Manual open and close		
4		Pushtype; a terminal push button opens the tap when depressed; water	Endurance	Uses single water source; does not mix hot and cold water	An ablution facility in ground floor, faculty of science building, new NBU campus, Arar, KSA	15
		flow continues for 7–15 s and then shuts off automatically	Quick open and automatic	User cannot synchronize its batches in ablution sequence		
			close depending on viscous elastic damping	Wastes water; gives about 1.0 L of water per batch		
5		Electronic tap opens when hands cut infrared rays	Automatic open and close	Needs electrical energy	A WC in third floor, faculty of science building, new NBU campus, Arar, KSA	19
		Full opening water flow rate is up to 5 L/min)		More expensive		
				Sometimes it is difficult to determine the suitable position for hands to cut the ray		

water needs to be preconditioned as it does not mix hot and cold water itself. A total of 40 taps were checked for batch volumes and durations in different places [ten in public water cycles (WCs) of local departure hall in Jeddah airport, ten in new ablution facility in Haram of Makkah and 20 in faculty of science building, ground floor, new NBU campus, Arar, KSA].

Experimental results and discussion

Regarding the analyzed 100 cases, the total time used in ablution is 33-109.5 s and the amount of water used from all tap types is 0.65-7.33 L. The average total ablution time from the different five tap types may be affected by their flowrate and design though all taps have sprayers at



Actions of Ablution	Times (seconds)	Minimum	Maximum	Average
Opening of water tap and moving palms to water stream			2.6	1.2
Washing of hands and collecting water in palms for washing of mouth and nose		3.2	17.6	7.6
Washings of mouth and nose cavity, and moving palms to water stream		2.3	19.1	7.6
Collecting water in palms for face wash		1.2	11.0	3.2
Moving palms to water stream, washings of face and bringing arms under water stream			17.9	6.6
Washing of arms, collecting water in palms for swabbing on head and cleaning of ears		2.6	15.8	7.2
Swabbing on head,	Swabbing on head, cleaning of ears and moving palms and legs to water stream		17.1	7.4
	Washings of legs		29.5	13.6
Taking legs away from water stream and closing of water tap		2.8	8.0	5.6
	Total time that tap maintains open (Seconds)	33.1	109.5	59.9
	Actual total time of using water in ablution (Seconds)	16.6	66.8	31.5
Total amounts	Total time that water is running without use (Seconds)	10.5	49.2	28.4
	Total amount of water used in ablution (Liters)	0.65	7.33	3.99
	Percentage of tap water wasted during ablution from the tap			47%

Table 2 Times spent and water used in ablution from the mechanical knobs tap

 Table 3 Times spent and water used in ablution from the automatic tap

	Times (seconds)	Minimum	Maximum	Average
Actions of Ablution				0
Moving palms under tap waiting for water stream (No water flows)			2.1	1.5
Washing of hands and collecting water in palms for washing of mouth and nose			5.7	4.63
Washings of mouth and nose cavity, and moving palms to water stream			4.2	3.3
Collecting water in palms for face wash			7.3	6.72
Moving palms to water stream, washings of face and bringing arms under water stream			16.7	6.5
Washing of arms, collecting water in palms for swabbing on head and cleaning of ears			8.5	7.6
Swabbing on	Swabbing on head, cleaning of ears and moving palms and legs to water stream		6.6	4.0
	Washings of legs		19.2	13
Takir	Taking legs away from water stream and stopping of tap water		0.6	0.1
	Total time that tap maintains open (Seconds)	33	69	45.85
	Actual total time of using water in ablution (Seconds)	18	47	32
Total amounts	Total time that water is running without use (Seconds)	8	24	13.9
	Total amount of water used in ablution (Liters)	1	3	2
	Percentage of tap water wasted during ablution from the tap			30.3%



Table 4 Times spent and water used in ablution from the differenttaps

Tap type	Average total ablution time (s)	Percentage of wasted water (%)
Mechanical knobs-tap	59.9	47
Mixing short neck-tap	57.2	42
Mixing high neck-tap	42.8	38
Mechanical push button tap	49.8	37
Automatic tap	49.4	30.3

their exits to enlarge the water stream area. As expected, the mechanical knobs tap and the mixing short neck-tap had longest time because of their uncomfortable design while, the mixing high neck-tap shows shortest time because of its comfortable design. The relatively long time for the automatic tap may be related to its low water flowrate. The largest water amount is used in feet washings and the largest water amount is wasted during washings of face and bringing arms under water stream. The Mechanical knob tap is the worst in wasting (47 %) and automatic tap wastes considerable amount of water because of its time delay though it has minimum water wastage (30.3 %). This means that about 30.3–47 % of the amount of water consumed in ablution from a these taps can be saved if tap releases water only at moments of need. Regarding the push-type tap, it was found that amount of water released each batch is 0.46-1.1 L with an average of 0.78 L and the batch duration is 5-11 s with an average of 8 s. The average water batch released a time is more than the amount that was used by the Holy Prophet. In average, user needs five batches for his ablution. Based on these results and data in Tables, for best design; batch time must be decreased. For example, if each batch lasts for 3 s, the four water-positive-use ablution steps can be performed with a total of 12 batches (two batches for hands, three for face, three for arms and four for legs). At water flowrate of 5 L/min (0.25 L/batch), 3 L are sufficient for one complete ablution which means considerable saving.

Solving the problem of excess water consumption can be achieved technically through good tap control design or recycling disposed greywater. Johari et al. (2013a, b) concluded that in order to reduce water usage while practicing ablution, introduce new design for ablution tub system. Al Mamun et al. (2014) assume that ablution water wastage can be avoided by using water from a container or pail. Experience from overseas, and in particular in arid and semi-arid countries, indicates that greywater can be a cost effective alternative source of water (Prathapar et al. 2006). Al Arni (2014) reported some suggestions for the solution of water crisis on the long term by using sandfilters and biosandfilters in masjids and homes after separation of graywater from blackwater.

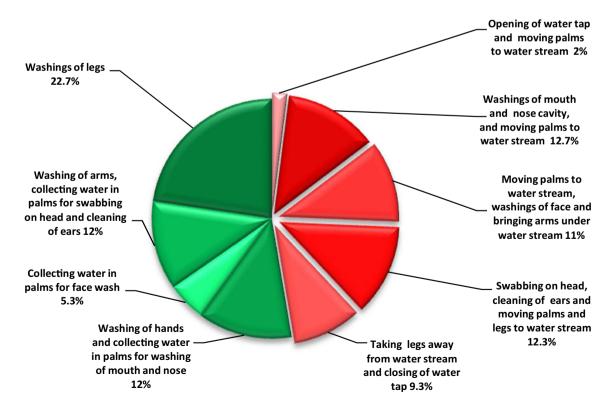


Fig. 1 Average time distribution in ablution from slow opening knob tap



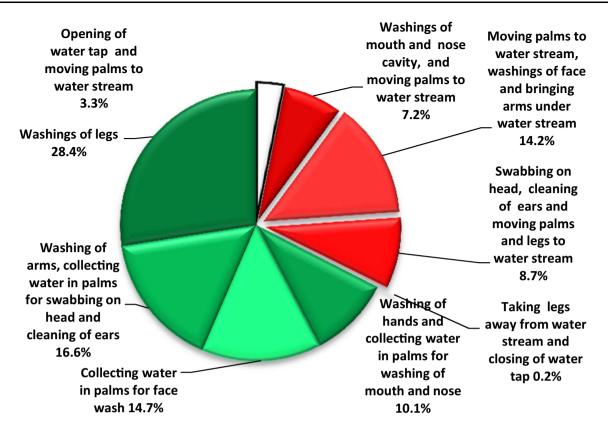


Fig. 2 Average time distribution in ablution from the automatic tap

Recycling of greywater is a good treatment of potable water wasting problem but, it is better to make prevention. Commercially, some automatic ablution machines are available but they need high capital, running and maintenance costs. It is important to manufacture good look water saving taps with reasonable price. The tap design affects the water consumption fashions, thus a good tap deign can greatly help the user to save more water. It is proposed to use legs (feet or knees) instead of hands in opening taps to help decreasing water waste. A system is to be developed in a manner that facilitates its practical application to already installed water taps without need to replace them entirely.

An estimation of economic feasibility of using a specific sort of taps

A "tap" in the British English is used for any everyday type of valve, particularly the fittings that control water supply to bathtubs and sinks and "faucet" is the most common term in the US. There are several types of taps or faucets differ in shapes, durability, and appearance, opening mechanism, water flow rates, sizes and prices which vary accordingly. Some people prefer good look over other factors in selecting water taps. Ghanem (2008) states that



practical application showed that if the price per cubic meter is estimated as five riyals, the value of what was saved from the water in just 4 days is equivalent to the value of rationalization tools (SR 385) that have been installed in one Masjid.

Here it is tried to investigate which type of taps is economically better in water saving as water saving taps are generally more expensive.

The total water supply cost from a tap, per month, can be modeled as follows:

$$T_{\rm c} = W_{\rm c} + D_{\rm c} + R_{\rm c} + M_{\rm c},\tag{1}$$

where T_c monthly total water supply cost from a tap, W_c monthly water supply price, D_c monthly tap deterioration cost (installation cost divided by its useful life in months), R_c monthly tap running cost (e.g. energy for automatic taps), M_c tap monthly maintenance cost.

Change in monthly cost when replacing the tap:

$$\Delta T_{\rm c} = T_{\rm cN} - T_{\rm cO},\tag{2}$$

where T_{cN} and T_{cO} are the total water supply costs for the new and old tap, respectively.

A tap is considered feasible if the cost of water saved by it surpasses its installation, running and maintenance costs during its useful life. Abu Rozaiza (2002a, b) stated that the price of water that being sold in movable containers in KAS is 10-50 SR/m³. Alternatively, Ouda (2013) states that the water tankers price is on average SAR 6/m³. Practically, for the end user in KSA, this cost depends on the raw water source and the water treating system.

A case study

The proposed economic feasibility model could be applied on some taps of washing basins in a public facility. Field data showed that in average a traditional washing tap passes 5 m³ of water monthly which cost in average SR100 (the price in this area is 120 SR per 6 m³ movable containers), If these taps are replaced by automatic taps instead and the water cost decreased by 15 %, according to Eq. (1), the monthly total water supply cost from an automatic tap can be calculated as follows:

 $W_{\rm c}$: water price = (100) × (0.85) = SR 85 monthly.

Assuming the automatic tap price in addition to its installation cost is SR 600 and its useful life is 60 months, then,

 $D_{\rm c}$ (tap deterioration cost) = 600/60 = SR 10 monthly, whereas traditional tap installation cost is only SR 60 and its useful life is 60 months as well so, its monthly deterioration cost is only SR1.

 $R_{\rm c}$ (tap running cost) = SR 2 monthly for changing batteries.

 $M_{\rm c}$ tap maintenance cost is decreased by SR 10 monthly, thus, total monthly water supply cost change of the automatic tap is:

$$\Delta T_{\rm c} = T_{\rm cN} - T_{\rm cO} = (85 + 10 + 2 + 0) - (100 + 1 + 0 + 10) = -14.$$

Thus, an automatic tap is considered feasible as it saves SR 14 monthly.

Conclusions

Through the literature survey and experimental work, it was found that:

- Tap design affects water use pattern in ablution and 100 observation of ablution from five tap types revealed that 30.3–47 % of water consumed in ablution can be saved if tap releases water only at moments of need.
- Analyzing ablution times revealed that largest water amount is used in feet washing and largest water amount is wasted during washings of face.
- If push-type tap is intended for use in ablution facilities, batch duration and volume must be tuned. If each batch of 0.25 L of water lasts for 3 s, 3 L in average are

sufficient for one complete ablution which means considerable saving.

• A model is proposed to estimate the economic feasibility of using a specific sort of taps and it is applied to taps of washing basins in a public facility.

Recommendations and future work

- Muslims can be motivated for economy of ablution water by reminding them to follow their supreme exemplar who is the PPBUH.
- For using of the push-type tap in ablution facilities, more studies are required to determine the optimal batch duration and volume for maximum saving.
- It is proposed to use legs in opening of ablution taps mechanically to save costs of power and components of alternative electronic ablution machines. A proposed knee operated tap system is currently under development by the researcher.

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